

MAY 1977

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MONTHLY NEWSLETTER - MAY 1977

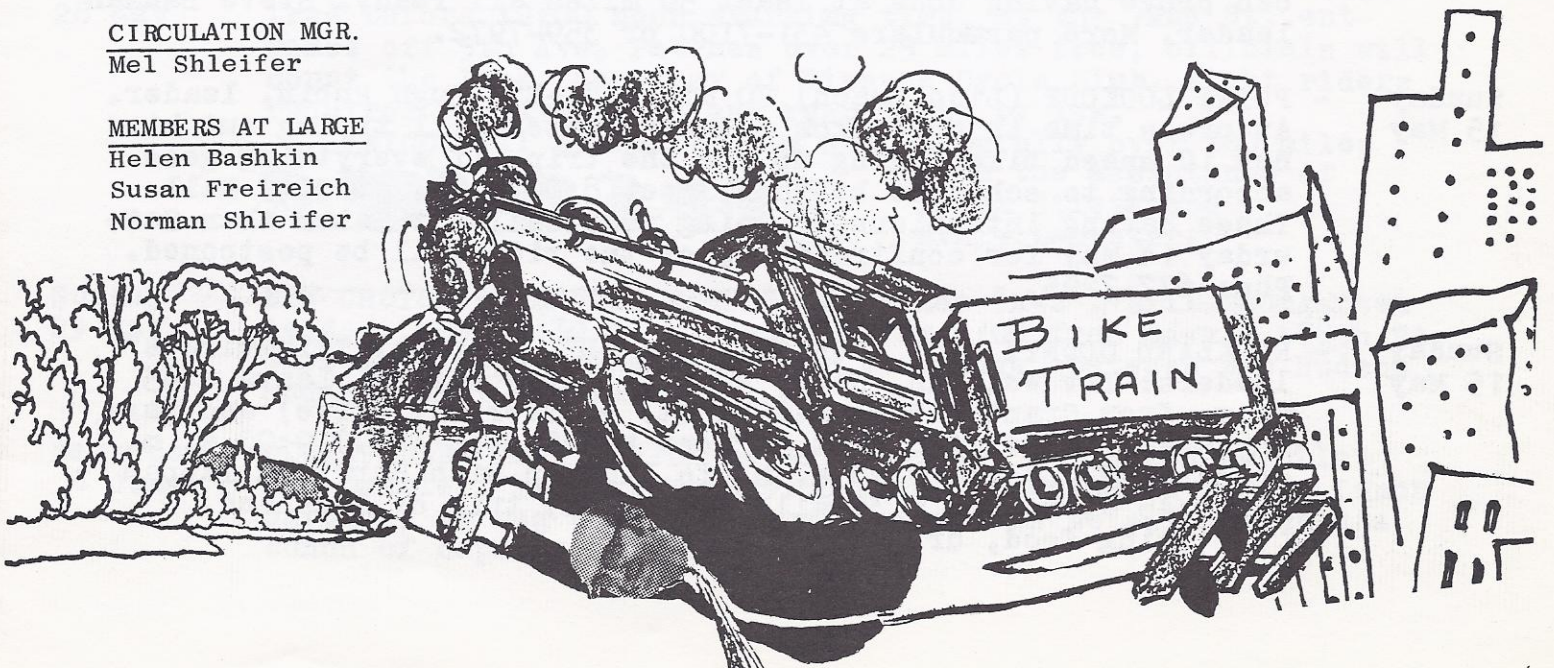
** NEXT MEETING **

RINALDO'S RESTAURANT
32 East 32nd St - 6 PM

BIKE TRAIN

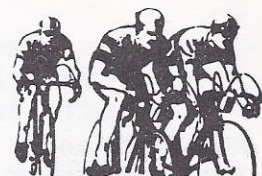
* * * JUNE 5 * * *

see inside pages





Rides For The Month



7 & 8 May - See earlier listings in last bulletin also.

Saturday - WESTCHESTER AIRPORT "RUNWAY" 20 miles "B". Karen Kagan, leader.
7 May Meet 9:30 a. m. at Milkmaid Diner for a brisk paced joint ride with local Country Cycle Club.

Sunday - BROOKLYN-QUEENS JOINT VENTURE 150 miles "A+" with hills. Frank
8 May Gileta & Jim Rex Co-leaders. Ride 6:00 a. m. from WW I Soldiers' Memorial triangle of Myrtle & Cypress Avenues (county border). Passing I.U. Willets by 7:15 will incorporate most of the North Shore Century route.

Saturday - RIDGEWOOD DOUBLE CENTURY 200 miles "AA" flat. Rusty "Ironleg"
14 May Jim Rex on a test run of his latest gear modifications for the upcoming 24 hrs marathon. Participants must call not later than 12 May for suitable arrangements. No departure before 2:00 a.m.

Saturday - ISLIP EXPRESS 75 miles "A-B". Norman Shleifer, leader. Meet
14 May 9:00 a. m. at Kissena Blvd. & L.I.E. for a round trip to Long Island mostly along the service road.

Saturday - ROSLYN CRUISER 45 miles "B" with hills. Fred Dobi, leader.
14 May Meet 9:30 a. m. at I.U. Willets School's rear parking lot.

Saturday - "ICECREAM SUNDEA RIDE" under 15 miles "C". Mary Freedman (Mom),
14 May leader & Sharon assistant leader on a joint ride with Country Cycle Club from one icecream parlor to another for the junior members' benefit. Meet 9:30 a. m. at Milkmaid diner.

Sunday - 75 MILES & CENTURY PATCH RIDES up to 100 miles "A". An AYH
15 May offer, some of our riders may qualify to participate in, if you can prove having done at least 50 miles all ready. Steve Bauman leader. More particulars 431-7100 or 359-7972.

Sunday - POINT LOOKOUT (Lido Beach) 70 miles "A-B". Hugh Rubin, leader.
15 May At press time injured from a sewer grate spill trying out his new 10 speed bike honing up for the trip. If everything goes according to schedule by then, meet 8:00 a. m. at City Hall. Those having intentions of going must call not later than Saturday 14 May for confirmation, or the ride will be postponed. Pho: 677-7295.

Sunday - ROCKLAND COUNTY MINI TOUR 60 miles "B". "Upright Triumvirate"
15 May leaders: Irv Weisman, Harry Rutten, Jerry Labush. Leave 8:45 a. m. from Grant's Tomb (122nd St. & Riverside Drive) and passing G.W. Bridge (178th St. & Fort Washington Ave.) 9:00 a. m. Crossing N.J. side 9:20 a. m. to link up with Harry in Tappan by 10:45 a. m. for a 30 mile (included) trip of Rockland.
Bring food, drink and low gears!

Sunday - L. A. W. Estimated Time Arrival paced ride of 30 miles. "A-B-C".
15 May \$1.00 entry fee per head to support bike activities, will provide prize to the best estimator.
Bill Hoffman, leader. Meet 9:45 a. m. at Westchester County Airport. Parking is available.

Sunday - BEACH COMBER 30+ miles "B-C". George Borgida & Harry Lack Co-
15 May leaders. Meet 9:30 a. m. at Riis Park's main parking lot entrance. Ride will commence at 10:00.

Saturday - CYCLE, SWIM, PICNIC in historic Ft. Lee, N.J; under 20 miles
21 May "C". Lorraine Gewirtz & Marian Weiner, leaders. Meet 9:00 a. m. near Central Park. After refreshing swim &/or gymnastics as guest at a private health spa, visit Ft. Lee Historic Society for picnic overlooking Hudson River. Bring bike lock, swim & gym clothes, lunch. Participation is limited, so call for complete details: (212) 832-9073 or 689-5606, evenings only.

Saturday - WESTCHESTER EASY RIDER #5 over 20 miles to Greenwich, Ct. "B-C".
21 May Myrna Meyer, leader. Meet 9:30 a. m. at Milkmaid Diner.

Sunday - ANNUAL MONTAUK CENTURY flat 115 miles "A+". An AYH
22 May joint ride with top caliber leaders Francis Bollag and Steve Bauman. You don't have to break 5½ hrs record set by Mike Nelson and Sandy Gross to come, but an early ticket reservation of \$5.00 is a must. Contact AYH (212) 431-7100 for details.

Meet 5:30 a. m. rain or shine at the Jamaica (Queens) LIRR station by Archer Ave. & Sutphin Blvd.



Sunday - STATEN ISLAND RAMBLER #3, 20+ miles "B-C". Eric & Gloria Car-
22 May ter Co-leaders. Via Bdwy to toll booths, must catch 9:00 a.m. South Ferry to meet your leaders by the exit ramp on the other side by 9:30 for your ride. Lunch in a diner.

MEMORIAL DAY WEEKEND - G.E.A.R. 1977, 28, 29, 30 May
Harissonburg, Va. Details in Mar. bulletin, page 7.

Saturday - PEPSI COLA 24 hrs BIKE MARATHON. Advanced registration requ-
28 May ired before 12:00 noon starting time, at the 72nd St. entrance off 5th Ave. Patches over 25 miles free, officials will count the laps. Courtesy of Kissena Cycle Club. Night riders required to have front and rear lamps by law.

NYCC will be led by Jim Rex, hopefully over 300 miles with the assistance of Frank Gileta and Ernie Lampeter.



Sunday - NEW CROTON RESERVOIR RAMBLE, 60 miles "A-B". Bill Baumgarten
29 May leader. Meet 8:30 a. m. and ride by 9:00 from Bdwy & 178th St. through Sleepy Hollow and over the ridge between the Hudson and Saw Mill Rivers.

Saturday - ROCKEFELLER ESTATE RIDE 44 miles hilly "A-B". Tandem pilot
4 June Ray Cartier, leader. Meet 9:30 a. m. at Milkmaid Diner. Lunch enroute, no sag wagon will be provided as we all are just a bunch of capable riders.

- Sunday 5 June - SUMMERVILLE #2 hilly 60 miles "A-B", Round Valley-Cokesbury Tour. Joe Wigodner, leader. Depart 8:30 a. m. from Court House off Rt. 22 N.J. to return by 3:00 p. m.
- Sunday 5 June - MINI CLUSTER BUSTER 40+ miles "A-B" very hilly. Leader Darryl Freedman, and son Jeff Assistant leader. Ride will be offered along with the bike train varieties starting from North White Plains.
- Sunday 5 June - WESTCHESTER BIKE TRAIN, an AYH-NYCC joint event. "A-B-C" ride varieties. With more leaders forthcoming at press time are Irv Weisman and Myrna Meyer. More details elsewhere in this bulletin.
- Saturday 11 June - MANHATTAN TO MILKMAID DINER, White Plains. 40 miles "B". Ralph Irizarry, leader. Meet 7:30 a. m. (to avoid city traffic) at Soldiers & Sailors Monument 90th St. & Riverside Dr. Good opportunity for carless riders to familiarize roads to the weekly regular rides.
- Saturday 11 June - WAMPUS LAKE TOUR 38 miles hilly "B". Jerry Pellegrino, leader. Meet 9:00 a. m. at Milkmaid Diner, bring picnic lunch if you like by the lakeside.
- Sunday 12 June - ALLAMUCHY REVISITED, 60 miles "B". Harry Rutten, leader. Repeat performance of Oct. 76 through farm country of Sussex County, N.J. Meet 9:00 am and ride 9:30. Allow 1½ hrs driving time from G.W Bridge, on Rt. 80 to exit Hacketstown-Allamuchy-Rt. 517. Cross Rt. 517 down the hill, left at General Store, Park in School lot. More info: (201) 327-7197.
- Sunday 12 June - BRIDGEHAMPTON ½ CENTURY 50 miles relatively flat marked route, "A-B" joint club ride project. Marvin Kuhn, leader. Ride 10:00 a. m. from Soporific Bike shop on Rt. 27 (Montauk Hwy) Bridgehampton. Free parking across the road, allow more than an hour driving time from the City.
- Sunday 12 June - STATEN ISLAND RAMBLER #4, 20+ miles "B-C". Eric & Gloria Carter Co-leaders. Repeat of 22 May.

REGULAR RIDES - LEADERLESS

CENTRAL PARK	- 10:00 a.m. Sat. & Sun. from Boathouse
BEDFORD VILLAGE	- 9:15 ,, Sun. ,, Firehouse
WESTCHESTER	- 9:15 ,, Sat. ,, Milkmaid Diner
LONG ISLAND (Roslyn)	- 10:00 ,, Sat. & Sun. ,, I.U. Willets School parking lot
EASTERN LONG ISLAND (Bridgehampton)	- 10:00 ,, Sun. ,, Soporific Bike Shop Montauk Hwy (Rt. 27)

	MAY				
	73	74	75	76	77
AAA	-	-	-	1	1
AA	-	-	1	1	1
A	2	3	3	2	8
B	5	2	6	6	16
C	2	2	2	5	4
D	1	1	1	1	-

	MAY				
	73	74	75	76	77
Saturday	1	1	2	6	12
Sunday	8	5	9	8	17
Other	1	2	2	2	1

Supplementary Data of Scheduled Rides

FROM THE VEEP'S DESK

No doubt by this time, those of you who are planning to attend GEAR have made your reservations and arrangements. If you haven't, you had better not lose any more time. You might be lucky enough to find available accommodations even at this late date. The time is the Memorial Day weekend running from Friday, May 27th through Monday, May 30th. The place - Madison College in Harrisonburg, Virginia.

The next long weekend after GEAR is Spokes 'n Sparkles which will be held on the July 4th weekend in Newark, Delaware. The dates are from Friday, July 1st through Monday, July 4th. Headquarters will be the University of Delaware. The New York Cycle Club was well represented there last year; and those who attended had a wonderful weekend of bicycling, comradery, and even swimming in the outdoor olympic size pool. More about this event will appear elsewhere in this and in the June bulletins.

Also on the calendar for this weekend is the League of American Wheelmen's annual national convention in Denver, Colorado. If you can plan your vacation or can spare the time, this is a very worth while event. More about this also in the bulletins, and also in the LAW bulletin.

The officers of your club are looking around for a suitable place to spend the Labor Day weekend. Our preference is for a place about two hours from New York City which is reasonable in price, willing to accommodate a group of approximately 50; and has good traffic free roads for bicycling - a tall order, but one which we hope to fill. Any ideas and suggestions are most welcome. Last year a group of us spent Labor Day weekend at the Tennanah Lake Shore Lodge in Roscoe, NY. This is an ideal spot which ~~fills the bill~~; but is a little further away than we would like. We will advise you of developments along this line.

Upcoming membership meetings --- On Tuesday, May 17th, Marv Reisman, a former president of the NYCC will conduct a mammoth auction. Now is the time to stock up on items you need for your bike, clothing etc. Bring plenty of cash. (Credit cards and personal checks not accepted).

On Tuesday, June 21st, I plan to present a slide show of the Paul Dudley White Club's Wheelmen's Winter Rendezvous in Homestead, Florida.

In closing, I would like to inject a touch of **humor**,---

When the weather is nice as it has been of late I commute to work on my bike; and I also wear my Bell helmet as added protection. You all have heard the arguments for wearing these helmets; but here is one more example of why it is good to wear one. Recently while waiting for a traffic light to change near the Plaza Hotel on 59th Street near 5th Avenue a group of people were standing beneath a lamp post also waiting for the light to change. When one of them taunted me about the helmet and asked me the reason for it I merely pointed up at the lamp post on which were perched about a dozen pigeons. One look was enough. The reaction was fast and definite. Need I say more?

That's it for now. Keep those wheels spinning.

Bob Herzfelder

The Prez Sez...

GEARING SEMINAR AT APRIL MEETING

The Gearing Seminar kept the audience asking questions even after 10 PM, thanks to the presentations by Stu Shakman of L.I.B.C., Harry Rutten, and myself. Our comments were elaborated upon by excellent contributions from experienced club members Joe Wigodner, Al Eriv, Henry Jasik, and others. If you weren't there, you missed a good one.

Altho universal agreement was not reached on all aspects of gearing, at least this much seems agreed upon: KEEP AWAY FROM HIGH GEARS! Train yourself to pedal faster than the beginner's 55 to 60 rpm. Get up to 75 rpm or even higher. Cruise with gears in the 60s and 70s (re-read the meaning of "gear" in my April Column). A high gear of 90 or so is sufficient for most touring cyclists. (At 75 rpm, a gear of 90" will move you along at a brisk 20 miles per hour.)

A major difference in our thinking showed up at the low end of the gearing range. Strong riders get by with a low in the low 40s. However, I strongly advocate an ultra-low gear in the low 30s to help you when the heat is high, the day is long, the hill is steep, and your butt is dragging along behind you and seems to have turned to lead. Harry Rutten with his 15 speeds has such a low gear. And a re-reading of Joe Wigodner's article of Oct. '76 reveals him to be a cruiser in 87", 79", or 68" gears; a hill climber in 47" and 40" gears; but also the possessor of an ultra-low gear of 33" - just in case! Be smart, take a lesson. We're running out of convenient "quick burial" sites for those who die on the hills.

If you have a bike with steel chainrings, usually 52-42, or 52-40, do yourself a big favor. Get over to Bicycle Renaissance at 505 Columbus Ave. (bet. 84 & 85 Sts.) and buy a set of 48-36 replacement chainrings which Pete MacDonald was good enough to put in stock at my urging. It is a relatively simple matter for you to install the chainrings; and at less than \$10 you will have increased your "hill-taming" capability enormously. The chart below shows what gears you will have, assuming that your bike is equipped with a standard touring cluster.

	14	17	20	24	28	(30)
48T	93	76	65	54	48	(43)
36T	70	57	49	40	35	(32)

(A good improvement for owners of Maeda Indust. (Sun Tour) clusters is to exchange the 28T sprocket for a 30T sprocket. Few other mfrs make a 30T sprocket.)

For best results, do not shift back and forth on the chainrings. Rather, stay on the large (52T) chainring until you want to go lower than the 54" gear. At that point (you will be on a hill); a quick shift of the front derailleur will move you to the 40" hill-climber. If you need more help, shift the rear derailleur from the 24T to the 28T to get your ultra-low gear. (Note: the gear values which are crossed out represent combinations which you should avoid using - i.e. large chainring and large sprocket, and small chainring and small sprocket. The chain is bent too much by those combinations.) As the hill grade moves back to level, shift back up while staying on the small chainring. The smaller steps will be less disruptive to your cadence. When you get back to your 57" gear, then shift the front chainring from the 36T to the 48T. Go ahead, it really is not necessary to die on the hills!

CYCLE 77 - L.A.W. CONVENTION, June 30 - July 4, DENVER, COLORADO

While many of us will be enjoying the July 4 weekend with the White Clay Club in Newark, Delaware at the SPOKES AND SPARKLERS rally, some of us will be cycling in the Rockies at the L.A.W. Convention.

The Convention itself will cost about \$70. It can be preceded by a 5 day Pre-Convention Tour (\$30/day), and a 3 day Post-Convention Tour from a base in Estes Park, at a cost of \$45. Round trip air fare is \$250 excursion rate - check with Ms. Esilda Buxbaum of Leeman Travel Service, 582-5800. For more information write to CYCLE 77, 2955 Webster St. Denver, CO 80215.

CLUB JERSEYS

Our wool club jerseys, imprinted with "NEW YORK CYCLE CLUB" should be available for pick-up at the next club meeting - just in time for GEAR 77 or the Central Park Marathon on the Memorial Day Weekend. Come equipped with your checks - \$12.50 for each short sleeved jersey, and if you are lucky you may be able to get an additional long sleeved jersey at \$13.50. (The supply of long sleeved jerseys is limited.)

For sizing use the following guide:

I Small	32 - 33 inches	III Med.-Lge.	36 - 37	V X-Lge	40 - 41
II Medium	34 - 35	IV Large	38 - 39	VI XX-Lge	42- 44(?)

If you cannot attend the meeting and would like to get a jersey mailed to you, there will have to be an additional charge of about \$1.50 for the mailing. Call Irv to let him know of your interest; LO2-7298 or 650-8075.

GEAR '77 TRANSPORTATION

If you are still looking for a ride to GEAR 77, or can offer a ride to a fellow club member, please contact Susan Freireich (737-7249). She can also help you make contact with other members who want to rent a car to ride down to GEAR at Harrisonburg, Va, about an 8 hour drive.

WESTCHESTER BIKE TRAIN

On Sunday June 5 we're off to Westchester by train to meet Myrna Meyer and a contingent of leaders who have laid out rides for all classes of riders. Details on next page.

Tickets are \$8 for members and \$9 for non-members. We must have the reservations in advance - Friday June 3 is the absolute deadline. If we don't get enough reservations to cover the train cost we'll cancel the trip. If the weather forecast is pessimistic as of noon, June 4, we'll also cancel. Refunds in either case. If in doubt, call Irv Weisman on that Saturday afternoon (LO2-7298). Send your check with the reservation below.

On June 5, arrive at Grand Central Station, Track 39 at 8:30 PM. Use the entrance at 42 St and Vanderbilt Avenue. Take the ramp down to the lower level and turn left to track 39. Other entrances are not convenient. Please avoid using them.

BIKE TRAIN REGISTRATION

___ \$8 member

___ \$9 non-member

___ \$14 membership dues
and reservation

NAME _____

ADDR _____

CITY _____ STATE _____ ZIP _____

RIDES FOR THE JUNE 5TH BIKE TRAIN

A RIDE **HILL CLIMBERS' SPECIAL** 40-50 miles DARRYL FREEDMAN
(914) 428-7298

WE PICKED THE STEEPEST AND LONGEST CLIMBS THE AREA HAS TO OFFER. WHIPPOORWILL ROAD IS JUST THE BEGINNING OF WHAT IS IN STORE FOR YOU ON THIS GUT-BUSTER. A FEW REST AND FOOD STOPS ARE AVAILABLE FOR THOSE WHO INSIST ON GETTING OFF THEIR BIKES FOR A SHORT WHILE.

B RIDE A 35 MILE TOUR OF CORPORATE HEADQUARTERS AND COLLEGES
(914) INFO. 761-2511

THE TERRAIN IS MODERATELY HILLY WITH SEVERAL TOUGH CLIMBS. RIDE ACROSS THE DAM AND AROUND KENSICO RESERVOIR INTO ARMONK, WHERE YOU CAN STOP FOR CIDER AND DOUGHNUTS AT SCHULTZ'S MILL. CONTINUE THROUGH THE PEACEFUL COUNTRYSIDE, PAST AVCO HEADQUARTERS, (THE FORMER HENRY LUCE ESTATE), BEFORE STOPPING FOR LUNCH AT THE BRUCE RESTAURANT AND GOLF COURSE IN GREENWICH, CONN. THEN VISIT THE SCULPTURE GARDENS AT PEPSICO HEADQUARTERS AND THE NEUBERGER ART MUSEUM AT S.U.N.Y. IN PURCHASE. GO ON AND SEE IMPRESSIVE REID CASTLE ON THE GROUNDS OF MANHATTANVILLE COLLEGE. NOW BE PREPARED FOR A LONG CLIMB ON A NARROW RURAL ROAD ON THE WAY BACK TO THE R.R. STATION.

C RIDE A 25 MILE TOUR OF WESTCHESTER AND GREENWICH BILL HOFFMAN
(914) 636-7597

MOSTLY ROLLING TERRAIN WITH A FEW DIFFICULT HILLS. ENJOY THE PANORAMIC VIEW AS YOU RIDE ACROSS THE TOP OF THE KENSICO DAM, CONTINUE AROUND THE RESERVOIR STOPPING TO CATCH YOUR BREATH AT THE BERTSCHES' CORNERS PICNIC AREA. LATER YOU STOP FOR CIDER AND DOUGHNUTS AT SHULTZ'S MILL IN ARMONK. YOU MAY WANT TO TAKE A PEEK AT THE ELEGANT CIRCULAR STAIRWAY AND CRYSTAL CHANDELIER AT THE FORMER HENRY LUCE ESTATE (NOW AVCO HEADQUARTERS) BEFORE STOPPING FOR LUNCH ON THE PATIO OF THE BRUCE RESTAURANT AND GOLF COURSE. AFTER LUNCH RIDE PAST WESTCHESTER COUNTY AIRPORT AND CLIMB THE LONG HILL THROUGH AMERICAN CAN CO. GROUNDS BEFORE HEADING BACK ALONG THE RESERVOIR TO THE TRAIN.

D RIDE 15 MILES (OR LESS IF YOU WISH) PAUL MEYER
(914) 761-2511

MOSTLY FLAT TERRAIN WITH ABSOLUTELY NO TRAFFIC. TAKE THE BIKE PATH TO THE BRONX RIVER PARKWAY WHERE YOU CAN BE PART OF THE PROMENADE WHICH INCLUDES BIKES AND RIDERS OF EVERY DESCRIPTION. RIDE AT YOUR OWN PACE AND GO AS FAR AS YOU LIKE. BRING ALONG A PICNIC LUNCH TO ENJOY AT ANY ONE OF THE MANY PICTURESQUE SPOTS ALONG THE UNPOLLUTED RIVER. IF YOU PREFER, A LIMITED SELECTION OF FOOD AND DRINKS MAY BE PURCHASED ALONG THE WAY. FIRST AID FACILITIES AND A BIKE REPAIR VAN ARE ALSO LOCATED ON THE ROUTE. BE SURE TO RETURN TO THE COUNTY CENTER TO REJOIN YOUR LEADER BEFORE 2 PM, WHEN THE PARKWAY IS RE-OPENED TO AUTO TRAFFIC. RELAX HERE WITH THE GROUP UNDER THE TREES BEFORE RETURNING VIA THE BIKE PATH TO THE R.R. STATION.

For Sale Or Trade

- FOR SALE- BICYCLE RACING TANDEM (TWO SEATER)... Thouroughly equipped for the road, hand brakes, road tires ridden less than 100 miles. Priced for quick sale \$175.00. Contact Henry P. Krumwiede, 194 Eastern Parkway, Newark, New Jersey 07106 (201)371-1046
- FOR SALE- ATALA 101 PROF 23" Girl's Frame Upright Bars, all Campy. \$150. Helen Bashkin 673-3596.
- FOR SALE- 23" Hetchins (top of line frame) 2 years old, low mileage, light use, partially chromed fork and stays, all Campy equipped, cable guides on bottom of B/B, color is some shade of red or maroon, price \$600.00. Contact Miss Gray, Gray's Bicycles, 82-34 Lefferts Blvd, Kew Gardens, NY 11415 (212) 441-9767
- FOR SALE- (2) Shimano Dura Ace Crank sets complete with tools - for details call Jerry Pellegrino after 9 PM (212) 831-8146
- FOR SALE- Brand new- never used
- 1) Front and rear wheels-Campagnolo large flange Q.R. hubs, Ava rims, 36 spokes each 3 cross, complete with sew up tires \$85/pair
 - 2) Brooks Professional Saddle - \$25.
 - 3) Campagnolo N. Record Cranks with two chainrings 43-52 teeth \$80
 - 4) Campagnolo Pedals with toeclips \$45/pair
 - 5) G.B. Alloy Handlebar and 11 cm. Stem - \$12.
 - 6) Vittoria Imperforabile Seta tubular tires \$15 each
 - 7) Campagnolo Gran Turismo derailleur \$12.
- Contact 652-6176 (wait ten rings) or speak to Mel or Norm Shleifer at the meeting

MEETING PLACES FOR CLUB RIDES

Many people have requested directions to the places where we customerily meet for club rides. What follows are some of the more common places.

- I.U. Willets (Long Island) - Long Island Expressway to Exit 39 South. South (right turn off exit ramp) on Guinea Woods Road-Glen Cove $\frac{1}{2}$ mile to traffic light at I.U. Willets Rd. Right (west) 1 block to school on left.
- Milkmaid Diner (Westchester) - New England Thruway to Exit 10 North; or Hutchinson River Pkwy. to Exit 23 North. Both Exit to Mamaroneck Ave. (not road) toward White Plains. Follow Mam'k. Ave north $\frac{1}{2}$ mile north of Hutchinson Pkwy. to traffic light at Rosedale Ave. Milkmaid is just beyond on the right. Park in National Bank of Westchester (NBW) lot at Northwest corner of Mamaroneck & Rosedale.
- Somerville, N.J. - Holland or Lincoln Tunnel to N.J. Turnpike to Exit 14 (Newark Airport). West on US 22 about 22 miles to turnoff for Somerville. This leads to Bridge Street, which goes into the center of town. At Main St the County Courthouse is on the right. Rides start here.

SPOKES AND SPARKLERS - July 1-4

The White Clay Bicycle Club of Newark, Delaware is sponsoring, in cooperation with the Department of Continuing Education, a 4th of July weekend bike rally from Friday evening, July 1 thru Monday afternoon, July 4.

Three days of varied bicycling for all ages and skills will start from the North Campus of the U. of Delaware at Newark, Delaware. In one direction from the campus there are the level farmlands of Delaware, in another the rolling countryside of Maryland, and in another the hills of colonial and historical Pennsylvania -- all in sparsely populated areas with little automobile traffic.

A bicycle ride to Hopewell Village will be included as part of the first day's activities in this year's rally. The village, which is some seventy miles north of Newark, was originally built around a charcoal burning blast furnace which operated from 1770 to 1883. It is presently being restored to its 1820-1840 appearance by the National Park Service. The ride will cover some of the rolling country east of the Pennsylvania Dutch country and west of Philadelphia. Transportation will be provided back to Newark for those not wishing to complete the 100+ mile round trip by bike. Seventy and 100 mile rides in the Amish area of Southern Pennsylvania will be part of the rides on the second day. Other events include a July 3 party, flea market (bring your own fleas) and other odds and ends. NYCC members are always found at this event, which is a yearly affair.

Housing and meals will be provided at the U. Of Delaware, and run around \$55-70. Since registration is limited, we suggest you write soon for details and registration forms. Write John J. Schoff, Division of Continuing Education, John M. Clayton Hall, U. of Delaware, Newark, Delaware 19711 or call (302) 738-2214.

N.Y.C.C.

M. Shliefer

Box 1081

Mt. Vernon, N.Y. 10551

FIRST CLASS MAIL